

Parent Checklist

Grade 9

- My student has completed ACT EXPLORE: _____ (date)
- I have had the results interpreted: _____ (date)
- I know the high school graduation requirements.
- I have helped my student develop the first two years of the five year plan.

Careers

Education Requirements

_____	_____
_____	_____
_____	_____

Grade 10

- My student has completed the ACT Plan.
- I have reviewed the results.
- My student and I have reviewed available EDGE/AP classes.
- My student has explored careers through the following (check all that apply):
 - shadowing
 - career day
 - volunteer activity
 - internship
 - career seminars
 - work experience
- My student has selected a major.
- We have completed the last three years of my student's five year plan with the following (check all that apply):

parents	counselor	student
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Grade 11

- I have researched the entrance/career requirements for the following (check all that apply):
 - 2-yr & 4-yr schools
 - military
 - business
- Postsecondary plans include:
 - postsecondary education
 - employment
 - military
 - other

Careers that best suit my student according to what I have learned:

1. _____
2. _____
3. _____
4. _____
5. _____

I have researched options to finance further education:

- Government loan programs/grants
- Work-study
- Scholarships
- Military options
- Business assistance programs

I have reviewed high school transcripts to make sure my student is on track to graduate.

Grade 12

I have researched the entrance/career requirements for the following (check all that apply):

- 2-yr & 4-yr schools
- military
- business

My student has explored careers through the following (check all that apply):

- shadowing internship
- career day career seminars
- volunteer activity work experience

Postsecondary plans include:

- postsecondary education military
- employment other

Careers that best suit my student according to what I have learned:

1. _____
2. _____
3. _____
4. _____
5. _____

I have reviewed high school transcripts to make sure my student is on track to graduate.

Timeline for the Coach and Student

8th Grade	Done
Discuss with the school counselor the results of your student's ACT explore test results	
Work with your school counselor on the first two years of the five year plan.	
Get a copy of the EDGE courses available to students at the high school.	
9th Grade	Done
Work with the school counselor to make sure the right classes are on your student's schedule.	
Explore with your student their career interests and options.	
10th Grade	Done
Discuss with the school counselor the results of your student's ACT Plan test results.	
Work with the school counselor to complete the last three years of the five year plan.	
Help your student select a career major and career pathway based on their future career goals.	
11th Grade	Done
Take the PSAT or the practice test for the ACT in the fall.	
Review your student's high school transcript to make sure you are on track to graduate.	
12th Grade	Done
Check with the school counselor to make sure your student is on track to graduate and to take the next steps necessary for the first year after high school.	

Preparing Your Student for Success After High School

Middle School:

- Use information from standardized tests to guide course choices.
- Encourage your student to take challenging classes.
- Create a quiet environment for study with some privacy, a desk, and good lighting.
- Encourage your student to develop strong study habits.
- Think about which high school courses will best prepare your student for post-secondary education.
- Start saving for post-secondary education, if you haven't already.

High School:

9th and 10th Grades

- Encourage your student to focus on strong study habits, getting good grades, and participating in extracurricular activities.
- Use information from the ACT Explore and ACT Plan to check strengths and weaknesses, as well as career interests.
- Help your student to investigate career possibilities. Compare interests and abilities with specific career requirements.
- Work with your student to make a list of two and four year colleges that he or she would like to attend and inquire about entrance requirements, or find out about military or apprenticeship opportunities by contacting the WV Area Training Representative for Bureau of Apprenticeship Training.
- Plan the high school courses that will best prepare for the opportunities after high school.
- Request information on scholarships and financial aid from post-secondary institutions.
- Continue saving for post-secondary education.

11th Grade

Encourage your student to continue to focus on getting good grades, practicing good study habits, and participating in extracurricular activities. In addition, make sure that your student:

- Starts contacting two and four year colleges for applications and information on scholarships, financial aid opportunities, or talks to military recruiters or people involved.
- Finds out which tests each college requires for admission.
- Registers to take the PSAT, ACT, SAT.
- Finds out about his or her eligibility to receive any scholarships.

12th Grade

Your student should continue to focus on getting good grades, practicing good study habits, and enjoying extracurricular activities. In addition, in the beginning of the school year suggest that your student:

- Speaks with his or her guidance counselor to discuss two and four year college applications and expectations or apprenticeships and military options
- Registers for the SAT or ACT
- Fills out two and four year college applications
- Starts looking for teachers to write recommendations
- Mails college applications (check the due date for each college)
- Sends his or her test scores to the appropriate college
- Obtains financial aid information from guidance counselor
- Considers the option of applying to a two or four year college that offers an early decision plan, whereby your child applies to a college by a certain date and receives an answer from the college within 4-6 weeks.

During the second half of your student's senior year in high school:

- Keep track of all applications; make sure that all colleges received requested information
- Decide which college your student wants to attend
- Send in tuition deposit
- If you are applying for federal financial aid, applications must be submitted before the May 1st deadline.